

## BEYOND ANATOMY

\*\*\*\*\*

## A WEEKEND WITH PETE BLACKABY



**Saturday 2<sup>nd</sup> and Sunday 3<sup>rd</sup> December 2017**

**10.00 am - 4.00pm**

**Fee £110 for the weekend or £55 per day.**

The study of anatomy is a significant part of our yoga practice and teaching. However it is important to realise that we don't end at the physical borders of our skin.

How we know and interact with the world goes well beyond our physical boundaries, we change and are constantly changed by our encounters with the material world.

How we respond and how we notice how we respond to the world goes a long way to shaping our physical and emotional stances in life.

Explore these themes through practice and discussion.

Please bring your own lunch. Booking is essential.

----- ✂ ----- ✂ -----  
**BOOKING SLIP - Pete Blackaby weekend, 2/3 December 2017**

Name:

Phone:

Email:

I would like to book *both days* / **Saturday only** / **Sunday only**. Please circle.

PLEASE MAKE CHEQUES PAYABLE TO **THE JASMINE TRUST** or PAY ONLINE  
AND SEND WITH YOUR BOOKING SLIP